

Temple City

CONNECT

Summer 2018 | news | events | people

INSIDE!
SUMMER
RECREATION
GUIDE
PAGE 17

TEMPLE CITY,
CALIFORNIA



HAWKESBURY,
AUSTRALIA

SISTER CITIES

page 12

2018 CONCERT SERIES

SOUNDS LIKE SUMMER

WEDNESDAYS, 7 P.M.

TEMPLE CITY PARK

JUNE 13

PHAT CAT SWINGER

Vegas-Style Swing

JUNE 20

MRS. JONES REVENGE

Classic Rock

JUNE 27

MY GENERATION

British Invasion Tribute

JULY 11

YARD SALE

Top Hits

JULY 18

DALLAS & DOLL

Pop, R&B

JULY 25

SHARON & THE CHEVELLES

Oldies

AUGUST 1

THE REPLICAS

Variety

AUGUST 8

THE KINGS OF 88

Piano Rock Hits

AUGUST 15

STONE SOUL

Motown

AUGUST 22

SKINNY LITTLE TWITS

Classic Rock

AUGUST 29

FORTUNATE SON

Creedence Clearwater Tribute

MORE INFO:
626-656-7321



Alcohol is not permitted. Performances are subject to change.



TEMPLE
CITY

templecity.us

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Summer 2018

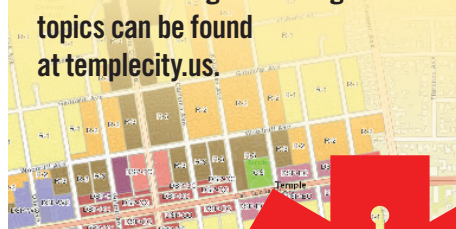
MAY	JUNE	JULY	AUG
22	26	24	28

COMMUNITY MEETINGS

7 p.m., Council Chambers

The City's General Plan is now complete. To facilitate implementation, we've done a rewrite of our zoning code. Come and learn more about what we're proposing for zoning regulations in single and multi-family neighborhoods, as well as for commercial signage and new administrative processes.

A detailed listing of meeting topics can be found at templecity.us.



JULY	AUG
28	4 and 5

COMMUNITY EMERGENCY RESPONSE TRAINING

5 p.m., City Hall

Want to be the go-to person in a crisis? Then learn the basic skills and get the information you need to prepare and respond to emergencies and disasters. Training is part of a three-night series of classes. Free of charge to Temple City residents and businesses. To enroll: (626) 285-2171, ext. 4342.



EVERY SUNDAY

Farm-Fresh Food

FARMER'S MARKET

Every Sunday, 8:30 a.m.-1 p.m., City Hall
Get stocked for the week with fresh, seasonal and regionally sourced produce.

LET'S TALK MONEY

DATES TBA

Don't miss your opportunity to see how your tax dollars get divvied up for various operations, programs and services. The city's annual budget process is underway and culminates with the adoption of a new budget for fiscal year 2018-19, which begins July 1. Got ideas about how the city should slice its pie? Tell us during an upcoming study session.

For the latest info, visit templecity.us/budget.



JUNE

13

SUMMER CONCERT SERIES

7 p.m., Temple City Park

The Phat Cat Swingers kick off this year's summer concert series. The group's rockabilly style blends walking bass lines, jumping rhythms and roaring horn lines. And it's sure to keep your feet tapping all night long. For seating, bring a chair or blanket. Concerts are Wednesdays and continue through August.

AUG

8

NATIONAL NIGHT OUT

5 p.m., Temple City Park

The safest communities are those where law enforcement departments and residents have the strongest relationships. So get together with your public safety team for a fun night out, featuring live music, food and crafts. Plus, exciting displays of law enforcement gadgets and gear. It would be a crime not to show up!

WORTH NOTING

FOR DETAILS, CALL (626) 285-2171.

MAY

- 1 Registration begins for summer programs
- 17 Neighborhood Watch Meeting
- 28 Memorial Day (City offices closed)

JUNE

- 11 Summer day camps begin
- 13 Summer Concert: Phat Cat Swinger
- 20 Summer Concert: Mrs. Jones Revenge
- 21 First day of summer
Neighborhood Watch Meeting
- 27 Summer Concert: My Generation

JULY

- 2 Summer classes begin
- 4 Independence Day (City offices closed)
- 11 Summer Concert: Yard Sale
- 18 Summer Concert: Dallas & Doll
- 19 Neighborhood Watch Meeting
- 20-21 Camp-A-Palooza
- 25 Summer Concert: Sharon & The Chevelles
- 28 CERT Basic Training: Day 1

AUGUST

- 1 Summer Concert: The Replicas
Registration begins: fall sports, afterschool programs
- 4 CERT Basic Training: Day 2
- 5 CERT Basic Training: Day 3
- 8 National Night Out
Summer Concert: The Kings of 88
- 15 Summer Concert: Stone Soul
- 16 Neighborhood Watch Meeting
- 22 Summer Concert: Skinny Little Twits
- 29 Summer Concert: Fortunate Son
Afterschool programs begin: STARS Club, Teen Zone

SEPTEMBER

- 3 Labor Day (City offices closed)
- 20 Neighborhood Watch Meeting
- 27 Fall classes begin

STAY CONNECTED

Get updates on City events

- templecity.us
- facebook.com/ConnectwithTC
- [@ConnectwithTC](https://www.instagram.com/ConnectwithTC)
- templecity.nextdoor.com
- [@ConnectwithTC](https://twitter.com/ConnectwithTC)
- [CityofTempleCity](https://www.youtube.com/CityofTempleCity)
- [CityofTempleCity](https://www.google.com/+CityofTempleCity)

TEMPLE CITY CONNECT

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magazine that connects
the community
to City Hall.

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TC Beyond the Sea

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regarding our magazine,
please email us at
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BUILDING A BETTER YOU

Some might say spring is the ultimate season of renewal, but for me, it's summer. The weather grows warmer, the clock slows down, the sun sets later. When it comes to self-improvement, summer is the ideal time to look inward and reset for the year ahead. That's why in this issue of Connect, we're sharing some tips for building a stronger, healthier, more adventurous you.

For many families, summer is known as a time for travel. Whether or not you have a vacation planned this season, we're taking you down under—to the city of Hawkesbury, Australia, to be exact—for a look at Temple City's partnership with the country through Sister Cities International. Forged in 1984, our relationship with Hawkesbury enables groups of high school students to visit each other's countries on an annual basis. As you'll read on page 12, these culturally immersive experiences have inspired countless numbers of the program's alumni, many of whom have returned to each other's host countries long after their initial exchanges end.

The Sister Cities program is predicated on the notion that the best trips end up being transformative in nature. But even if you're homebound this summer, there are plenty of additional ways to change your life for the better, beginning with physical fitness. With that in mind, on page 10 we consult local trainer Tiffany Brodbeck for a crash course on how to adjust our exercise and diet plans for maximal success.

Many of Brodbeck's suggestions and solutions are simple, and since shaping up for summer is mainly a matter of commitment, we've made it easier than ever by identifying public spaces for outdoor workouts that don't require professional equipment. Looking to get a head start on your goals? Check out City Hall's weekly farmer's market, held every Sunday morning, or join a walk-a-thon scheduled for May 4 at Live Oak Park to celebrate Older Americans' Month.

Of course, even the strictest fitness plans still call for the occasional indulgence. When cravings come calling, consider heading to JJ Bakery, one of the first of a string of Taiwanese-style bakery chains to find success in the United States. The selection at JJ includes nearly 100 pastries—from sweet pineapple buns to savory seaweed rolls—meaning there'll be no shortage of options the next time you decide to enjoy a guilt-free "cheat day." For a mouthwatering preview of the menu, flip to page 8.

This summer also presents a host of opportunities to strengthen our relationships with friends and loved ones. Ready to reconnect? Stop by Temple City Park for one of our free summer concerts, which take place Wednesday evenings from June 13 through Aug. 29, or book a spot at this year's Camp-A-Palooza. Scheduled for July 20 and 21, the annual campout experience invites families to sleep under the stars at Live Oak Park.

We hope this summer leaves you reinvigorated and ready to tackle your next challenge.

Cordially,



Bryan Cook
City Manager

CITY BRIEFS

BY TESS EYRICH



THE PLOT THICKENS

Mayor Cynthia Sternquist's 2018 State of the City address served as a call to action for co-authors of Temple City's story.

During this year's State of the City address, delivered at the Historical Society Hall the evening of Tuesday, March 13, Mayor Cynthia Sternquist made a play for residents to add their own unique twists to Temple City's story. Over the course of 10 topics, Sternquist highlighted the successes and challenges of the past year and gave us a preview of what to look forward to in 2018.



**WATCH OR READ THE MAYOR'S ADDRESS AT
TEMPLECITY.US/SOTC**



LAS TUNAS DRIVE

Sternquist announced plans to boost the aesthetic appeal of what she lovingly referred to as Temple City's "beating heart"—Las Tunas Drive—by capitalizing on the area's growing restaurant scene and transforming underused sidewalks into patios, "parklets" and other social spaces. In 2018, the City Council will evaluate a series of proposed downtown beautification measures that fall into price brackets ranging from \$300,000 to \$2.5 million.



TEMPLE CITY LIBRARY

With the start of the Temple City Library's \$3.9-million revamp set for 2019, Sternquist detailed plans for the 55-year-old space's transformation. At the top of the priority list? Adding 1,400 square feet to the space's existing footprint, building a brand-new children's reading area, and expanding the library's slate of professional and personal development programs for adults.



CAMELLIA FESTIVAL

The beloved annual event will mark its 75th anniversary in 2019, and while the milestone is certainly one to celebrate, Sternquist didn't shy away from acknowledging the roadblocks—namely a drop in attendance—that have plagued the festival in recent years. In the interest of modernizing, event organizers have made strides toward appealing to diverse groups of first-timers and launching new attractions like a popular beer and wine garden.



PARKING

Going hand in hand with the plans for Las Tunas is a much-needed update of Temple City's parking configuration. The City's partnership with an external firm called Transpo Group will explore several solutions to increase the availability of downtown parking, including the development of designated parking areas for employees, pick-up and drop-off zones for ride-sharing services, and even structures at two City-owned lots on Primrose Avenue.

IN CASE YOU MISSED HER SPEECH, HERE'S A QUICK SUMMARY:



MID-CENTURY GENERAL PLAN

Sternquist thanked committee members for answering the “call to become architects of our city’s story” by contributing their time and input to the completion of Temple City’s Mid-Century General Plan. The first major update to the General Plan since 1987, the revised blueprint will guide the city’s physical growth through 2050. Its finer points—which cover housing, sustainability, and more—can be accessed at templecity.us.



VOLUNTEERISM

Many of the planning activities outlined by Sternquist depend on volunteers, and she encouraged residents to help rewrite Temple City’s narrative by offering their expertise to future endeavors. She also invited Samir Maleika, a daily volunteer with Live Oak Park’s senior lunch program, to share his experience during a video component that shined a spotlight on local opportunities with clubs, nonprofit organizations and even a City-run service program.



THE SENIOR MASTER PLAN

Temple City’s population of residents over 55 is expected to hit 40 percent by 2027. With this valuable population in mind, Sternquist introduced the city’s Senior Master Plan, a set of 24 expert-approved recommendations geared toward improving the lives of residents over 50. In addition, she requested residents’ participation in a new volunteer committee that’ll advise on senior-related issues and ensure the plan’s implementation.



STRATEGIC PLAN

To put the General Plan into effect, the City will also compile a three-year Strategic Plan that’ll steer activities like the rollouts of new mixed-use developments and the City’s ongoing delivery of community services. “To differentiate between the two, think of, them this way,” Sternquist explained. “The General Plan is like a map charting our city’s long-term physical growth, while the Strategic Plan is the detailed instructions for how to navigate it.”



NEIGHBORHOODS

Sternquist laid out plans to maintain Temple City’s primarily residential makeup by repaving roads, repainting curbs, and upgrading streetlights with energy-efficient LED bulbs. Over the next year, the City will adjust its code to tackle a variety of issues—including the prevalence of Airbnbs and other short-term rentals—in an effort to guarantee our neighborhoods remain safe, healthy environments for the next generation of storytellers.



LAW ENFORCEMENT

Crime in Temple City dropped nearly 4 percent between 2016 and 2017, although residential burglaries still pose a challenge to law enforcement officials. Sternquist said several creative solutions—such as increasing the number of patrol cars on Temple City streets, launching an initiative offering subsidized Ring video doorbells to residents, and strengthening our local Neighborhood Watch program—have prevented the trend from escalating.

The SWEET & SAVORY SMELL OF SUCCESS

BY KHOA HO

JJ Bakery is a rising star in America's culinary universe—and with nearly 100 luscious choices to excite your taste buds, it's not hard to understand why.

A lover of pastries and bread herself, Tsai is a supervisor at JJ Bakery, a Temple City temptation that's the newest link in a growing 12-store chain based in Southern California. And like her love for the products she bakes, Tsai's dedication to her job runs deep.

Tsai's morning shifts begin at 6:30 a.m., and the pace is fast. Throughout the day, she's tasked with making sure the shop's production of breads, cakes and desserts keeps up with popular demand. That demand seems to be growing by the minute, especially as regional competitors like 85°C and Sunmerry—similar bakery chains based in Taiwan but quickly expanding throughout the U.S.—have joined the race to put Taiwanese desserts on America's culinary map.



Tsai explains that Taiwanese bakeries have become popular in the U.S. in part because their offerings are broad and international. They range from more traditional Taiwanese treats such as red bean buns and taro cakes to European fare like Portuguese egg tarts and Danish bread. Even a few Western-Eastern fusion items have quickly become top sellers—including savory buns filled with ham and cheese, and hot dog creations inspired by American pigs in blankets.

While JJ's offers nearly 100 pastries, Tsai says a common thread runs through them—French baking techniques. “For our breads and buns, for example, we typically use a brioche-based recipe,” she says, “which makes for an amazingly fluffy texture and mildly sweet taste.” The soft texture results from using dough containing fat and sugar, whereas Western-style breads usually have little or no fat. Their main components are flour, salt and water—which can result in a drier, saltier crumb.



**“DESSERTS ARE GOOD FOR THE SOUL,”
DECLARES FANNY TSAI. “BUT NOT SO
GREAT FOR THE WAISTLINE.”**

Tsai also reveals a difference between the flavor profiles of American versus Taiwanese pastries. “American pastries tend to be much sweeter,” she says. “Taiwanese offerings are much more savory.”

Of the bakery's best-selling savory items, pork sung bun—a soft bread bun with a thin layer of cream, and light and fluffy dried pork—as well as Tsai's favorite, the hot-dog bun—a marriage of sausage-saltiness with sweet buttery bread—are standouts. As for its best-selling sweet items, the pineapple bun remains ever popular “even though it contains no actual pineapple,” Tsai confesses. Instead, the bun is topped with a sugary egg paste, which the oven turns yellow and crackly in a pattern that resembles a pineapple rind.



For those venturing into JJ's for the first time who don't feel particularly daring, Tsai suggests the pork sung bun or the hot dog bun to satisfy savory palates, and the pineapple bread or red bean bun as sweeter options.

But what about the more adventurous eaters? “The sweet taro bun—always a good choice,” Tsai says. “Or the savory seaweed roll.” A mix of ham, egg, pork sung and cilantro, the roll comes delicately encased in a seaweed-wrapped bun.

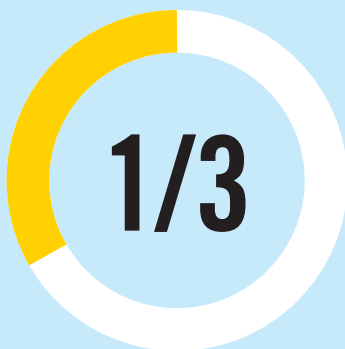
In a sense, bakeries are the same. The aroma draws you in, but it's the taste that keeps you coming back. And JJ's, with its multitude of scents and flavors, isn't exactly an exception to the rule. “There's something for everyone,” Tsai says proudly. “That's the magic of JJ Bakery.” ■



JJ Bakery
5755 Rosemead Blvd.
(626) 287-2588

jjsquaredbakery.com

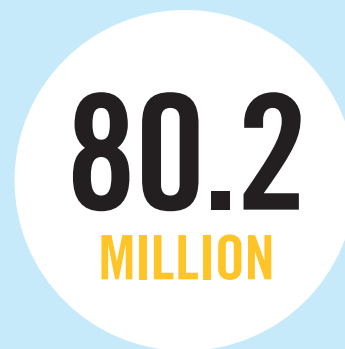
THE SHARE OF ADULTS IN THE U.S. WHO
PERFORM THE RECOMMENDED 150 MINUTES
OF PHYSICAL ACTIVITY PER WEEK



THE PERCENTAGE OF ALL U.S. BABY
BOOMERS WHO REPORT GETTING ZERO
EXERCISE WHATSOEVER

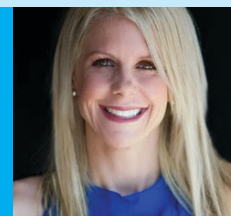


THE NUMBER OF AMERICANS
OVER THE AGE OF SIX WHO ARE
PHYSICALLY INACTIVE



SEASON OF STRONG

With a summer full of swimsuits on the horizon, it's only natural to want to get in shape. In the interest of doing it right, we tapped local fitness expert Tiffany Brodbeck for her tone-up tips.



GET FIT

Temple City offers plenty of places to exercise and get fit without going to a gym. Simply get outside and do a bodyweight workout.

What's a bodyweight workout?

A strength-building exercise that uses the weight of an individual's own body as resistance, instead of weights or machines.

TEMPLE CITY HIGH SCHOOL: FOR A STRONGER BURN IN YOUR THIGHS AND CALVES, TRY RUNNING THE SCHOOL'S OUTDOOR BLEACHERS.

TEMPLE CITY PARK: THE PARK'S GAZEBO IS A PERFECT PLACE FOR BODYWEIGHT EXERCISES THAT TIE IN STAIRS, LIKE KICKBACKS AND TRICEP DIPS.

ROSEMEAD BOULEVARD: PREFER TO TRAVEL ON TWO WHEELS? PEDAL NORTH ON ROSEMEAD'S PROTECTED BIKE LANE FOR A SLIGHT UPHILL CLIMB.

LIVE OAK PARK: RAMP UP YOUR HEART RATE WITH A SERIES OF LAPS ON THE PARK'S RUBBERIZED WALKING PATH.

TEMPLE CITY BOULEVARD: KEEP TO WELL-LIT MAIN STREETS FOR EARLY MORNING JOGS, AND BE SURE TO STAY ON THE LOOKOUT FOR COYOTES AND PASSING CARS.

FIT FUEL

You can think of getting in shape as an equation, with 80 percent of your progress coming from dietary tweaks and 20 percent from exercising. For optimal results, Brodbeck suggests keeping these dietary dos and don'ts in mind:

DO try to eat more lean meats and veggies, especially protein-rich green ones like broccoli and kale. These nutrient-packed foods will keep you full longer and spur metabolic activity.

DON'T cut out too many things at once. To prevent burnout, Brodbeck instead recommends targeting a single vice at a time—whether it's soda, ice cream, or something else entirely.

DO increase your water intake if you're also upping your workouts. As temperatures climb, aim for 8 ounces every hour to avoid the headaches and nausea associated with dehydration.

DON'T get discouraged; bodies and lifestyles are different. A diet that works for someone else might not work for you. If your efforts don't seem to be paying off, consult your doctor.

EXERCISE MATTERS

-  PREVENTS HEART DISEASE
-  REGULATES BLOOD PRESSURE
-  AIDS MUSCULAR STRENGTH AND FLEXIBILITY
-  ENHANCES BRAIN FUNCTION
-  BOOSTS ENERGY LEVELS
-  COMBATS DEPRESSION AND ANXIETY
-  PROMOTES BETTER SLEEP
-  SLOWS AGING AND INCREASES LIFE SPAN

DO IT YOURSELF

No equipment? No problem—these six simple bodyweight workouts make big impacts.

1 PLANKS



TO GET THE MOST OUT OF THIS CORE- AND BACK-STRENGTHENING ENDURANCE EXERCISE, TRY HOLDING THE POSE FOR A FEW EXTRA SECONDS EACH TIME YOU DO IT.

2 KICKBACKS



PERFORM THIS GLUTE-TARGETING MOVE IN EITHER A STANDING OR KNEELING POSITION TO TIGHTEN YOUR BACKSIDE; FOR MORE OF AN IMPACT, ADD ANKLE WEIGHTS OR A RESISTANCE BAND.

3 LUNGES



FOR ULTRA-TONED LEGS, STEP FORWARD AND GRADUALLY LOWER YOUR HIPS UNTIL BOTH OF YOUR KNEES ARE BENT AT 90-DEGREE ANGLES (IF YOU FEEL ANY PAIN, TAKE SMALLER STEPS).

4 SQUATS



WHEN IT COMES TO SQUATS, FORM IS KEY: WITH YOUR FEET PLACED SHOULDER-WIDTH APART, SLOWLY MOVE INTO A SITTING POSITION WHILE KEEPING YOUR BACK AND SHOULDERS STRAIGHT.

5 PUSH-UPS



REMEMBER TO BRACE YOUR CORE AND PULL YOUR ELBOWS IN WHEN TACKLING THIS UPPER-BODY EXERCISE—THEN, IMAGINE YOU'RE PUSHING THE FLOOR AWAY INSTEAD OF PUSHING YOUR BODY UP.

6 TRICEP DIPS



WITH YOUR LEGS EXTENDED IN FRONT OF YOU, GENTLY RAISE AND LOWER YOUR BODY OFF A CHAIR OR BENCH FOR A WORKOUT THAT'S TAILORED TO YOUR UPPER ARMS.

GOING DOWN UNDER

BY LIANA AGHAJANIAN



**How the Sister Cities
Program Creates Unbreakable
Bonds Between Temple City
and Australia**

When Ariana Pinedo traveled to Hawkesbury, a city about 30 miles outside of Sydney, Australia, as a teenager, she didn't realize the monthlong trip would alter the course of her life forever.

Just 16 years old and a sophomore at Temple City High School at the time, Pinedo returned home feeling like a different person—more independent, confident and aware of her surroundings.

"It changed me for the better," she says.

It was this trip, sponsored by Temple City's Sister City Association, that helped her realize she wanted to experience more in life; made her less shy and more willing to try out for Associated Student Body; and encouraged her to move out of state and enroll at Northern Arizona University instead of staying closer to Temple City. It's also the experience she kept in the back of her mind when she applied recently for a spot on a study abroad trip to Costa Rica, hoping she'd get accepted.

A nonprofit citizen diplomacy network promoting global peace and humanitarianism through cultural exchange, the Sister Cities International program has had a local presence since 1964, when it first established relations between Temple City and the city of Magdalena de Kino in Mexico.

In 1984, Hawkesbury forged its own partnership with Temple City through the program, and 17 years ago, the two cities began hosting delegations of each other's students. The result is a robust relationship that bridges the gap between groups of people on opposite sides of the world, reaffirming a sense of goodwill between the two.

In addition to impacting the life paths of participants like Pinedo, the Sister Cities program has produced unforgettable experiences and friendships that often flourish beyond a four-week visit. Exchanges have spawned repeat visits, shared vacations, new culinary obsessions (Tim Tams, anyone?) and even a marriage.

But Temple City and Hawkesbury's program couldn't have survived without the dedication of community members like Steve and Nancy Terry, whose involvement began when they hosted some of the first Australian students to arrive in Temple City.

The Terrys have been integral to the initiative's success ever since, serving on the program's board as well as holding its president and vice president titles. They've even traveled to Australia themselves through "adult ambassador" trips, and they say it was obvious from their inaugural visit just how special the program is.

Besides the scenery and wildlife, Nancy says, the most impactful aspects were the wonderful people the couple met.

"They made it so easy for us to feel welcome and very comfortable," she explained. "We really had a good time at the Opera House, Parliament House—you've seen pictures of these places in books all your life, but you never thought you'd be there."

In June, the Terrys will visit Australia for the fifth time. Having worked with so many student ambassadors over the

years, they believe the program has made noticeable differences in the lives of its teenage participants.

"The kids come back with more maturity, more confidence, a sense of responsibility," Steve says. "A lot of these kids have never traveled without their parents, and they really learn they can handle themselves and be independent."

Every summer, six students are selected to travel to Hawkesbury for a month, during which they live with host families, attend school, participate in community activities and visit local

EXCHANGES HAVE SPAWNED REPEAT VISITS, SHARED VACATIONS, NEW CULINARY OBSESSIONS (TIM TAMS, ANYONE?) AND EVEN A MARRIAGE.

FUN FACT: TIM TAM IS AN AUSTRALIAN SNACK CONSISTING OF TWO MALTED BISCUITS SEPARATED BY A CREAMY FILLING AND COATED IN CHOCOLATE. BY NIBBLING AWAY PART OF THE BISCUIT, YOU CAN DRINK THROUGH IT IN THE SAME WAY YOU WOULD A STRAW! THIS TECHNIQUE IS CALLED BY MANY DIFFERENT NAMES, INCLUDING THE TIM TAM SLAM AND THE TIM TAM BOMB.



attractions like the Sydney Harbour Bridge and the Blue Mountains. But before they can get on a plane and act as youth representatives of Temple City, each potential participant must submit an application, attend a series of informational workshops and sit for an interview with local leaders.

The City provides financial support for the trip, with the Council budgeting about \$10,000 each year to be used to cover some of the ambassadors' travel expenses. The program is well worth the value because of its ability to build on the close-knit relationship shared by the two cities.

It was precisely such an emphasis on personal relationships that attracted Nathan Wong to the program four years ago.

"I've always been interested in traveling to other places, but living with a host family and going to school was more than just a touristic experience that most people would have," he says. "I thought the in-depth experience was really attractive. The fact that the City paid for you to be there meant it wouldn't be a financial burden, but a great opportunity to learn about culture and just represent our country well."

Wong, who is now a sophomore at the University of California, Davis, says the trip broadened his perspective in unexpected ways, ultimately prompting him to study international relations and political science.

"I got to meet all sorts of people—exchange students from Japan, Sweden, France and England," he says. "There was a lot of cultural mixing."

According to Hawkesbury Sister City Association President Tina Tallack, it's exactly this immersive quality that makes the program so worthwhile.

"It opens up students' minds and encourages tolerance, which I think, with the multicultural world we have nowadays, is very important," she says. "There are a lot of lessons they can learn from that, as far as their social development and confidence goes."

Inspired by his trip, Wong returned to Sydney last year—this time with his own family—giving him chances to reconnect with his Australian friends and host family once more.

Such bonds have been shown to become the norm, as many families keep in touch and organize trips to reunite

BUT WHETHER THEY'RE VISITING HOLLYWOOD OR JETBOATING OFF THE COAST OF AUSTRALIA, THESE STUDENTS HAVE COME TO REALIZE JUST HOW SIMILAR PEOPLE ARE, EVEN IF THEY LIVE IN COMMUNITIES THOUSANDS OF MILES AWAY ON OPPOSITE SIDES OF THE WORLD.

FUN FACT: YOU CAN VISIT SOME OF AUSTRALIA'S NATIVE ANIMALS LIKE THE GOODFELLOWS TREE KANGAROO, GREATER BILBY AND THE AUSTRALIAN SEA LION AT THE TARONGA WESTERN PLAIN ZOO.



FUN FACT: MANY WALLABIES FOR WHILE THE TWO MARSUPIALS, KA BIGGER IN SIZE A COLORFUL FUR.

with one another. Thanks to the exchange opportunity, one Temple City student who traveled to Australia in 2010 even met her future partner while visiting a family friend.

"There was a young boy in the family, and they hit it off," Steve says. "He came over here like half a dozen times to visit her and she went there to visit him. Well, the rest is history; now they are married."

Like the Temple City students, the Australian participants who arrive stateside get to visit both local and regional attractions. Tours of City Hall, the fire department, sheriff's station and historical society are interspersed with visits to Disneyland and Universal Studios. There's also an excursion to Olvera Street in downtown Los Angeles, Union Station and the NASA Jet Propulsion Laboratory.

But whether they're visiting Hollywood or jetboating off the coast of Australia, these students have come to realize just how similar people are, even if they live in communities thousands of miles away on opposite sides of the world.

"Once you look past the superficial differences, we're not so different," Wong says.

Pinedo echoes the sentiment, noting that two years after the trip of a lifetime, she's getting ready to travel again—she was officially accepted into the Costa Rican study abroad program and leaves for her next adventure in August 2018.

"It gave me the confidence to go to a country where I won't even know the language," she says of the Sister City program, adding that without Temple City's crucial sponsorship, she wouldn't have been able to afford the trip. "It granted me the opportunity to prove to myself that I really could do this on my own." ■

WHO'S NEXT?

Beginning in August, the Temple City Sister City Association will be accepting applications from sophomores for the 2019 program year. Six students will be chosen to travel to Hawkesbury, Australia for the monthlong program, which includes a homestay with a host family. Applications will be available in Temple City High School's Activities Office (room 311) and at City Hall.

INFORMATION NIGHT

An information night will be held in the Community Room at City Hall at 7 p.m. on Sept. 27. A parent or other adult must attend with each sophomore.

APPLICATIONS

Applications are due at City Hall by 5 p.m. on Oct. 18. All applicants must attend three workshops on Oct. 29, Nov. 5 and Nov. 12. Interviews will take place on Nov. 17.

**FOR MORE INFORMATION,
CONTACT STEVE OR NANCY
TERRY AT (626) 285-7995.**

**IN FACT: SYDNEY'S BRIDGE CLIMB
VISITORS SCALE TO THE
SUMMIT OF THE SYDNEY HARBOUR
BRIDGE AND OVERLOOK THE ENTIRE
CITY. IMAGINE THAT VIEW!**

**PEOPLE MISTAKE
KANGAROOS.
ARE CLASSIFIED AS
KANGAROOS ARE MUCH
AND ADORN MORE**

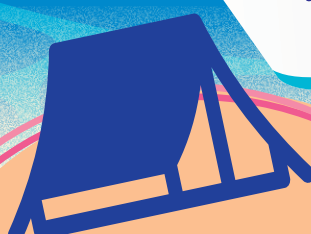




CAMP-A- PALOOZA

JULY 20-21

AT LIVE OAK PARK



ARTS & CRAFTS
FUN ATTRACTIONS
LIVE SHOW
MEALS & SNACKS
DISNEY'S "MOANA"
SCREENING

\$75 PER FAMILY

(up to 4 people)

\$10 EACH ADDITIONAL PERSON

REGISTRATION BEGINS JUNE 1

AT LIVE OAK PARK
COMMUNITY CENTER
More info: 626-579-0461



TEMPLE
CITY

templecity.us

Temple City 2018

RECREATION *Guide*

SUMMER

DON'T JUST STAND THERE!

Get your body moving and your brain thinking with stimulating classes offered by our Parks and Recreation Department.

Classes page 18

**Youth & Teen
Programs** page 23

Senior Programs page 26

Adult Excursions page 27

SIGN-UP *today!*

Classes begin the week of July 2 at Live Oak Park unless otherwise noted. Classes will not be held July 4 and Sept. 3 due to holidays. Class schedules and prices are subject to change.



Search, register and pay online at www.templecity.us

...or pick up a registration form at Live Oak Park Community Center, 10144 Bogue St. and either pay in person at the Center, or mail in your form.

Incomplete applications or checks may result in failed enrollment. Space is limited, so reserve your spot early!



For more information, call the Parks and Recreation Department at (626) 579-0461.



ACTIVE LIFESTYLE



EDUCATIONAL



FREE



NEW



INTERNATIONAL FOLK DANCING

CLASSES

Child Development

TINY TOTS

SARAH NICHOLS

Help your toddler build social skills, gain independence and make new friends while experiencing music, art and group activities. Children must be at least three years old and potty-trained by the first class. Please bring proof of birth date and immunization record.

DATES	AGE	DAY	TIME	FEE
7/9-8/1	3-5	M/W	9:30 a.m.-12:30 p.m.	\$110
7/10-8/2	3-5	T/Th	9:30 a.m.-12:30 p.m.	\$110



Dance

BALLET & TAP

SHEKINAH GLORY SCHOOL OF DANCE

Instruction covers classical and modern dance techniques from beginning to advanced levels, including barre work for advanced students. Tap and ballet shoes are required.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/6-8/24	Tots	2	F	2:15-2:45 p.m.	\$60
7/6-8/24	Tots	3	F	2:45-3:15 p.m.	\$60
7/6-8/24	Petite	4-5	F	3:15-4:00 p.m.	\$70
7/6-8/24	Beg.	6-8	F	4:00-4:45 p.m.	\$70
7/6-8/24	Jr.-Adv.	8+	F	4:45-5:45 p.m.	\$70

HIP-HOP

SHEKINAH GLORY SCHOOL OF DANCE

A high energy, age-appropriate hip-hop dancing class featuring music kids love.

DATES	AGE	DAY	TIME	FEE
7/5-8/23	6-9	Th	5:00-5:45 p.m.	\$60
7/5-8/23	10+	Th	5:45-6:30 p.m.	\$60

INTERNATIONAL FOLK DANCING

CINDY FANG

Travel the global world of dance! Explore rhythmic dances from North America, Latin America, Europe, the Middle East and Asia. Have fun learning about new cultures while moving to the beat.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/7-9/15	Beg.	18+	Sa	10:00-12:15 p.m.	\$40

JAZZ DANCE

SHEKINAH GLORY SCHOOL OF DANCE

Instruction in traditional jazz including proper technique, stretching and muscle conditioning. Jazz shoes are required.

DATES	AGE	DAY	TIME	FEE
7/5-8/23	6-8	Th	3:30-4:15 p.m.	\$60
7/5-8/23	9-16	Th	4:15-5:00 p.m.	\$60

LINE DANCE

BILL CHANG

An old Western dance form—with a twist! Focuses on basic line dancing set to country and non-country music. Level I for beginners, levels II and III for experienced dancers.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/2-9/10	I	15+	M	10:30 a.m.-12:00 p.m.	\$60
7/2-9/10	III	15+	M	2:30-4:00 p.m.	\$60
7/3-9/4	I	15+	T	6:00-7:30 p.m.	\$60
7/3-9/4	II	15+	T	7:40-9:10 p.m.	\$60
7/5-9/6	III	15+	Th	2:00-3:30 p.m.	\$60
7/6-9/7	II	15+	F	10:30 a.m.-12:00 p.m.	\$60
7/6-9/7	III	15+	F	7:30-9:00 p.m.	\$60
7/11-9/12	I	15+	W	10:30 a.m.-12:00 p.m.	\$60

Educational

EGGHEAD ENGINEERING: SUPER STRUCTURES

PROFESSOR EGGHEAD

Design and build huge structures like mega bridges, gigantic pyramids, tall skyscrapers and more using Lego® pieces. Then do crush, weight and other tests to make sure your creations can stand up to the challenge. \$30 material fee due at first class.

DATES	GRADE	DAY	TIME	FEE
7/3-8/21	K-3	T	3:30-4:30 p.m.	\$110

MATH PROBLEM SOLVING & COMPETITIONS

COOL MATH

Develop number sense and learn to solve multi-step word problems using Common Core techniques. Includes opportunities to participate in national and international math competitions. \$30 material fee due at first class for third grade students.

DATES	GRADE	DAY	TIME	FEE
7/6-9/7	2-3	F	4:00-5:30 p.m.	\$260
7/6-9/7	4-6	F	5:30-7:00 p.m.	\$260
7/7-9/8	K-1	Su	3:00-4:00 p.m.	\$260
7/7-9/8	6-8	Su	4:00-6:30 p.m.	\$260



MATH PROBLEM SOLVING



Fitness

CARDIO DANCE & STRENGTH TRAINING

AMY'S HEALTH & FITNESS

Build strength through a fusion of low-impact, high-energy dance and exercise. Bring two light hand weights (2-3 lbs. each).

DATES	AGE	DAY	TIME	FEE
7/2-9/10	50+	M	8:15-9:45 a.m.	\$43
7/11-9/12	50+	W	8:15-9:45 a.m.	\$43
7/2-9/12	50+	M/W	8:15-9:45 a.m.	\$73

GENTLE YOGA

AMY'S HEALTH & FITNESS

Reduce stress, improve joint strength and boost flexibility with a series of gentle—but classic—yoga poses. Yoga mat required. Yoga block and strap are optional.

DATES	AGE	DAY	TIME	FEE
7/5-9/6	16+	Th	7:00-8:45 p.m.	\$50

GYMNASTICS

ROJEN RECREATION

Young gymnasts learn basic tumbling skills, and exercises on the balance beam and bars. New students are evaluated and grouped by ability.

DATES	AGE	DAY	TIME	FEE
7/7-9/8	4-7	Sa	10:30-11:30 a.m.	\$71
7/7-9/8	7-15	Sa	11:30-12:30 p.m.	\$71
7/7-9/8	13+	Sa	11:30-12:30 p.m.	\$71

KINDERGYM

ROJEN RECREATION

Together, parents and kids learn forward rolls, back rolls, handstands and more! Walk the balance beam, swing on bars and jump with your child. One parent per child must attend each class.

DATES	AGE	DAY	TIME	FEE
7/7-9/8	9 mos.-2	Sa	9:00-9:45 a.m.	\$71
7/7-9/8	3-4	Sa	9:45-10:30 a.m.	\$71

SWEATING TO THE OLDIES

AMY'S HEALTH & FITNESS

Burn calories and strengthen your heart while listening to your favorite hits of the '50s and '60s. So much fun, you'll forget you're exercising! Space is limited.

DATES	AGE	DAY	TIME	FEE
7/6-9/7	65+	F	8:30-9:45 a.m.	\$15

TAI CHI

GOOD FAITH MANAGEMENT

Discover the benefits of Tai Chi. Techniques taught are from the Chen and Yang styles.

DATES	AGE	DAY	TIME	FEE
7/3-7/31	18+	T/Th	8:30-9:30 a.m.	\$100
8/2-8/30	18+	T/Th	8:30-9:30 a.m.	\$100
9/4-9/27	18+	T/Th	8:30-9:30 a.m.	\$90



JUNE 11-AUGUST 17
WEEKDAYS 7 AM - 6 PM



SUMMER DAY CAMP

ARTS AND CRAFTS



FIELD TRIPS



DAILY ADVENTURES



YOUTH
GRADES 1-6

FIRST LUTHERAN SCHOOL

9123 Broadway

CLEMINSON ELEMENTARY SCHOOL

5213 Daleview Ave.

\$135*/week
\$110 for week of July 2-6

TEENS
GRADES 6-10

LIVE OAK PARK ANNEX

10144 Bogue St.

\$410/10 WEEKS*
*Cost without field trips: \$310

REGISTER NOW AT LIVE OAK PARK ANNEX

MORE INFO: 626-656-7321



TEMPLE CITY

templecity.us

TENNIS

JAL TENNIS

Get ready for match play with court workouts and drills using techniques recommended by professional tennis associations. Tennis shoes and appropriate workout gear required. Bring a racquet and new can of three tennis balls to the first class.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/2-8/20	Beg.	8-10	M	6:00-7:00 p.m.	\$100
7/2-8/20	Beg.	11-17	M	7:00-8:00 p.m.	\$100
7/6-8/24	Int./Adv.	8-10	F	6:00-7:30 p.m.	\$150
7/6-8/24	Int./Adv.	11-17	F	7:30-9:00 p.m.	\$150
7/11-8/29	Int.	8-10	W	6:00-7:00 p.m.	\$100
7/11-8/29	Int.	11-17	W	7:00-8:00 p.m.	\$100

TOTAL YOGA BEAT STRESS & TONE

AMY'S HEALTH & FITNESS

Feel invigorated from the inside out through a flowing series of dynamic poses. Fitness mat required.

DATES	AGE	DAY	TIME	FEE
7/11-9/12	16+	W	7:00-8:30 p.m.	\$50



Music

CLARINET

ARCADIA MUSIC

Master the fundamentals of clarinet—note reading, rhythm, tone and proper breathing techniques. Students must have their own clarinet, which can be purchased or rented from Arcadia Music. \$25 material fee due at first class. Classes meet at 32 E. Duarte Rd., Arcadia.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/5-8/2	Beg.	8+	Th	7:00-7:50 p.m.	\$85
8/9-9/6	Beg.	8+	Th	7:00-7:50 p.m.	\$85

FLUTE

ARCADIA MUSIC

Provides tomorrow's flutists an opportunity to learn music reading and new fingerings. Students must have their own flute, which can be purchased or rented from Arcadia Music. \$25 material fee due at first class. Classes meet at 32 E. Duarte Rd., Arcadia.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/7-8/4	Beg.	8+	Sa	3:00-3:50 p.m.	\$85
8/11-9/8	Beg.	8+	Sa	3:00-3:50 p.m.	\$85

GUITAR

ARCADIA MUSIC

Covers proper playing position, tuning, basic strumming and chords. Students must have their own guitar, which can be purchased from Arcadia Music. \$25 material fee due at first class. Classes meet at 32 E. Duarte Rd., Arcadia.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/7-8/4	Beg.	8+	Sa	2:00-2:50 p.m.	\$85
8/11-9/8	Beg.	8+	Sa	2:00-2:50 p.m.	\$85

PIANO

ARCADIA MUSIC

Ease into the beautiful world of music with piano. Learn to "tickle the ivories" in an encouraging group setting. Keyboards are included for class use. \$25 material fee due at first class. Classes meet at 32 E. Duarte Rd., Arcadia.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/7-8/4	Beg.	4-7	Sa	9:00-9:50 a.m.	\$85
7/7-8/4	Beg.	4-7	Sa	10:00-10:50 a.m.	\$85
7/7-8/4	Int.	8+	Sa	11:00-11:50 a.m.	\$85
7/7-8/4	Adv.	8+	Sa	12:00-12:50 p.m.	\$85
8/11-9/8	Beg.	4-7	Sa	9:00-9:50 a.m.	\$85
8/11-9/8	Beg.	4-7	Sa	10:00-10:50 a.m.	\$85
8/11-9/8	Int.	8+	Sa	11:00-11:50 a.m.	\$85
8/11-9/8	Adv.	8+	Sa	12:00-12:50 p.m.	\$85

SINGING

VIVO VOICE MUSIC STUDIOS

Taught by a soprano and music instructor with three decades of experience, this class will help you learn singing techniques, sight singing and music expression. Join us, and we promise that you'll soon be singing a different tune!

DATES	AGE	DAY	TIME	FEE
7/7-9/8	4-17	Sa	3:30-4:30 p.m.	\$120
7/7-9/8	18+	Sa	4:30-6:00 p.m.	\$160

VIOLIN

ARCADIA MUSIC

Teaches correct and basic techniques, including how to play fun and simple songs. Students must have their own violin, which can be purchased or rented from Arcadia Music. \$25 material fee due at first class. Classes meet at 32 E. Duarte Rd., Arcadia.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/7-8/4	Beg.	5+	Sa	1:00-1:50 p.m.	\$85
8/11-9/8	Beg.	5+	Sa	1:00-1:50 p.m.	\$85



GUITAR

Self Defense & Martial Arts

HAPKIDO

SON OF CHONG MARTIAL ARTS

Further self-defense techniques including joint locks and kicks. Breathing and meditation lessons are also provided. Students must have their own uniform, which may be purchased from the instructor.

DATES	AGE	DAY	TIME	FEE
7/3-9/6	5+	T/Th	4:30-5:20 p.m.	\$130
7/3-9/6	5+	T/Th	5:30-6:20 p.m.	\$130

JU-JITSU & JAPANESE SWORD

ROJEN RECREATION

Learn the fundamentals of traditional martial arts—Judo, Aikido, Kendo—and the weapons of self-defense. Second hour of instruction covers the basics of Iaido, the art of Japanese swordsmanship.

DATES	AGE	DAY	TIME	FEE
7/6-9/7	15+	F	7:00-8:30 p.m.	\$61

JU-JITSU & KARATE

ROJEN RECREATION

Build strength while learning martial arts techniques for self-defense. Lessons include Judo, Aikido, Kendo and Karate.

DATES	AGE	DAY	TIME	FEE
7/3-9/6	8-12	T/Th	6:30-8:30 p.m.	\$61

LITTLE KICKERS JU-JITSU

ROJEN RECREATION

Teaches self-esteem and discipline through age-appropriate martial arts lessons.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/6-9/7	New	5-7	F	4:30-5:15 p.m.	\$49
7/6-9/7	Yl. Belt+	5-7	F	5:15-6:00 p.m.	\$49
7/6-9/7	All	8+	F	6:00-7:00 p.m.	\$56

NIPPON KEMPO KARATE

DO MAR

A self-defense system—based on punching, kicking, blocking, joint lock and ground combat—aimed to foster respect, discipline and confidence.

DATES	LEVEL	AGE	DAY	TIME	FEE
7/2-9/10	Yl. Belt+	5-10	M	5:40-6:25 p.m.	\$35
7/2-9/12	All	7+	M/W	6:30-8:00 p.m.	\$56
7/11-9/12	New	5-9	W	5:40-6:25 p.m.	\$35



KARATE

SPORTS & dance!

Open to boys and girls, our youth sports program gives children the opportunity to learn good sportsmanship and to progressively develop skills learned in a team setting. Register online beginning July 1 at templecity.us or in person at Live Oak Park Community Center.

For more information, call (626) 656-7321.

MINI T-BALL

Kids learn the correct way to catch, field, throw and swing while hitting from a tee (no live pitching is allowed). Emphasizes teamwork and camaraderie. Your child will have a ball!

DATES	SITE	AGE	DAY	TIME	FEE
8/12-9/18	Live Oak Park	3.5-5	T/TH	4:30-5:45 p.m.	\$75

SUPERSTARS DANCE TEAM

Got moves? Then be part of a traveling dance team that performs in competitions and community events. The squad learns modern jazz and hip-hop routines. *More details will be announced at the first team meeting on Sept. 18, 6 p.m. at Live Oak Park Annex. Fee includes uniforms.*

DATES	GRADE	DAY	TIME	FEE
9/18-5/18	1-4	T/Th	4:30-6:00 p.m.	\$260
9/18-5/18	5-8	T/Th	6:00-7:30 p.m.	\$260

MINI SPORTS CAMP

A mini sports camp for mini athletes. Introduces the basic skills and rules of T-ball, flag football, basketball, and soccer. Provides an opportunity for children to learn sportsmanship, make new friends and have fun.

DATES	SPORT	SITE	AGE	DAY	TIME	FEE*
6/11-6/21	T-ball	Live Oak Park	6-7	M/W	5:00-6:00 p.m.	\$35
6/12-6/21	T-ball	Live Oak Park	3.5-5	T/TH	5:00-6:00 p.m.	\$35
6/25-7/5	Fl. Ftbl.	Live Oak Park	6-7	M/W	5:00-6:00 p.m.	\$35
6/26-7/5	Fl. Ftbl.	Live Oak Park	3.5-5	T/TH	5:00-6:00 p.m.	\$35
7/9-7/19	Basketball	Live Oak Park	6-7	M/W	5:00-6:00 p.m.	\$35
7/10-7/19	Basketball	Live Oak Park	3.5-5	T/TH	5:00-6:00 p.m.	\$35
7/23-8/2	Soccer	Live Oak Park	6-7	M/W	5:00-6:00 p.m.	\$35
7/24-8/2	Soccer	Live Oak Park	3.5-5	T/TH	5:00-6:00 p.m.	\$35

***\$85 for all 8 weeks**

YOUTH & TEENS after school!



STARS CLUB

A one-time \$10 administrative fee applies.
Registration begins July 1.

STARS CLUB

Offers afterschool activities including homework help, sports and games, plus field trips and events based on monthly themes. Please call the Parks and Recreation Department for specific school sites: (626) 579-0461.

DATES	GRADE	SITE	DAY	TIME	FEE
8/29-11/16	1-6	Various	M-F	BELL*-6:00 p.m.	\$360
11/26-3/1	1-6	Various	M-F	BELL*-6:00 p.m.	\$360
3/4-6/7	1-6	Various	M-F	BELL*-6:00 p.m.	\$360
School Year	1-6	Various	M-F	BELL*-6:00 p.m.	\$1,010

TEEN ZONE

Get homework help, explore the game room and computer lab, and take part in various activities and field trips. Shuttle service is offered at an added cost of \$235 from the following schools: Rio Hondo elementary school; Dana, First Avenue and Oak Avenue intermediate schools; and Arcadia, Rosemead and Temple City high schools.

DATES	GRADE	SITE	DAY	TIME	FEE
School Year	7-11	Live Oak Park	M-F	BELL*-6:00 p.m.	\$85

*End of School Day

GET READY FOR THE DOG DAYS OF SUMMER

PARK IT

Head to Live Oak Park for no-hassle, free air conditioning.

- Arrive at Live Oak Park Community Center, open daily from 8 a.m.-10 p.m.
- Sit back and relax.

GO OLD SCHOOL

Make your own cooling system with these low-tech instructions.

- Find an ordinary household fan.
- Prepare a saltwater solution using 7 parts water to 1 part salt.
- Fill an empty plastic bottle three-quarters full with the saltwater solution, and place into freezer.
- Remove frozen bottle from freezer and place it in a shallow container in front of the fan. The container will catch any condensation.
- Turn on your fan and notice the cooler air.

STAY COOL, MAN

- Stay hydrated, but avoid sugary liquids, which can cause you to lose more body fluids.
- Wear lightweight, light-colored clothing. Protect yourself from the sun with a hat, sunglasses and sunscreen of SPF 15 or higher.
- Limit outdoor activity to morning and evening hours.
- Check on neighbors who may be especially heat-sensitive, including infants, young children and seniors.

GET WITH THE PROGRAM

Sign up for Nixle and get notifications of cooling center hours and other public safety alerts sent directly to your mobile phone. Text 91780 to 888777, or visit the City's website to subscribe. Standard messaging rates apply.



TEMPLE
CITY

9701 LAS TUNAS DR., TEMPLE CITY, CA 91780 • (626) 285-2171 • WWW.TEMPLECITY.US

**GRADES
2-6**



**\$135
PER WEEK***

YOUTH
**SPORTS
CAMP**

**JULY 2—AUGUST 3
WEEKDAYS 7 A.M.—5 P.M.**

FIELD TRIPS INCLUDE:

BOWLING

BEACH

L.A. SPARKS GAME

ROCK CLIMBING

SKYZONE

Locations: **LIVE OAK PARK** and
IMMANUEL CHURCH GYMNASIUM



REGISTER NOW AT LIVE OAK PARK ANNEX

MORE INFO: 626-656-7321 /// *\$110 JULY 2-6 /// NO CAMP ON JULY 4

**TEMPLE
CITY**

templecity.us

Senior PROGRAMS

For more information, call (626) 579-0461.

Unless designated, all events are held at
Live Oak Park Community Center.

AARP DRIVER SAFETY

MAY 7-8, 9 A.M.

The AARP Driver Safety Program is the largest and most respected refresher course in the U.S. Specifically designed for those 55 and older, it helps seniors tune up their driving skills, while taking into account normal age-related physical changes. \$15 for AARP members, \$20 for non-members. Fee is payable by check at the first day of class. Pre-registration is recommended.

BINGO

LAST THURSDAY OF THE MONTH, 1 P.M.

Studies show that bingo can improve memory skills and concentration. So don't forget to play. It's free! It's fun! And every game offers prizes!



BRIDGE

MONDAY & FRIDAY, 12 P.M.

Meet other bridge players for a game or two, to discuss strategies, and make new friends while you're at it. New players are welcome.

LINKAGES PROGRAM

FIRST TUESDAY OF THE MONTH, 10:30 A.M.

Offers free case management services to frail seniors (ages 60 and over) and adults with disabilities (ages 18 and older). Gives them the ability and independence to remain safely at home and in the community. Services are also available by appointment. More info: YWCA San Gabriel Valley, (626) 214-9465.

MAHJONG

FIRST & THIRD WEDNESDAY OF THE MONTH,
11 A.M.

Playtime is the dessert of life. And who doesn't love dessert? So why not test your strategy skills with a friendly game of mahjong? Games are free of charge, but registration is required. Space is limited.

SOCCER FOR BETTER HEALTH

WEDNESDAY & FRIDAY, 9 A.M., LIVE OAK PARK

Kick-start your exercise routine! In partnership with Chinese Soccer Stars of America, our soccer program is open to those ages 50+ at all skill levels. Learn or refresh basic techniques, make new friends, stay fit and have a real ball doing it! Sessions include a half-hour of warm-up exercises and drills, followed by match play. The program is free, but space is limited.



SENIOR LUNCH

WEEKDAYS, 11 A.M.

Attention seniors ages 60 and older: Get a hot lunch, participate in activities, and socialize with friends and neighbors. Monthly menus are available at Live Oak Park Community Center and online at templecity.us. Hot tea and coffee are available for just 25 cents per cup—the best price in town! Reservations are required 24 hours in advance; call (626) 579-0461. A \$3 donation for lunch is requested.

Celebrate the holidays with themed
activities at the Senior Lunch Program!
Space is limited.

Call (626) 579-0461 to reserve your seat.

FATHER'S DAY

JUNE 15

Honor thy dad on his special day and help satisfy his appetite for a hearty meal. "Dads" root beer floats will be served after lunch, so make sure he saves room for every tasty slurp.



RED, WHITE & BLUE DAY

JULY 3

Celebrate our nation's independence at a luncheon of revolutionary proportions. Test your knowledge of U.S. history through trivia games. And be sure to show your true colors by wearing red, white and blue!



Adult EXCURSIONS

Registration is accepted at Live Oak Park Community Center on a first-come, first-paid basis. For more information, call (626) 579-0461.

PIRATES DINNER ADVENTURE JUNE 28, 4-10 P.M., \$51

Batten down your hatches for the world's most unique interactive dinner show. Here you'll sit just a few feet away from the rattling sabers of swashbuckling pirates as they clash on the deck of an indoor pirate ship. You'll also see dazzling special effects, wizardry and aerial artistry. And all the while you and your mates will feast on a three-course meal. Yo, ho, ho!

SAWDUST FESTIVAL JULY 13, 11 A.M.-6 P.M., \$20

Beautiful art takes many forms. And the world-renowned Sawdust Art Festival celebrates them all. Here you'll find painting, sculpture, photography, ceramics, jewelry, clothing, blown glass, leather goods, mixed media and much more. All of it set in a perfect frame: a picturesque and eccentric hand-built village located in a cool 3-acre eucalyptus grove, featuring the works of more than 200 local artists. Turn your summer into a work of art.

LAND & SEA TOUR JULY 26, 8 A.M.-6:30 P.M., \$47

Explore two faces of Santa Barbara with this full-day land and sea tour, which kicks off with a 90-minute narrated ride on the amphibious "Landshark" vehicle. Highlights of the excursion will include picture-perfect views of the Central coastline—known affectionately as the American Riviera—and Santa Ynez Mountains, as well as visits to historic Stearns Wharf, California's oldest working pier, and Cabrillo and State streets, both home to award-winning dining and shopping.

CALIFORNIA SCIENCE CENTER AUG. 8, 10 A.M.-5:30 P.M., \$40

Celebrate the 100-year anniversary of the discovery of King Tut's tomb with the world premiere of **KING TUT: TREASURES OF THE GOLDEN PHAROAH**. This highly acclaimed, must-see exhibit showcases more than 150 artifacts from Tut's legendary tomb, 60 of which have never left Egypt before! And while you're there, be sure to check out the Center's exceptional collection of aeronautics and space artifacts. Lunch is included.

LAS BRISAS RESTAURANT AUG. 24, 8:30 A.M.-4 P.M., \$48

It's time to wake up and smell a lot more than coffee! At the Las Brisas Restaurant in Laguna Beach, enjoy a glorious panoramic view of the Pacific Ocean while entertaining your taste buds with a buffet-style breakfast that includes made-to-order omelets and Belgian waffles. Afterwards, unwind with downtown shopping in Laguna Beach before returning home.

MAY IS OLDER AMERICANS' MONTH

It's been said that spring makes everything young again. Help us prove it by participating in the following activities. They're sure to put some spring in your step!

MAY 4 WALK-A-THON, 10 A.M.

Join us for a walk around the Live Oak Park walking trail. It's a great way to nourish your body and feed your soul. Free towel for all participants.



MAY 11 LIBRARY SERVICES, 11 A.M.

Learning is a lifelong pursuit. So why not hear the LA County library staff discuss the many great offerings for seniors available at Temple City Library? They know every trick in the book.



MAY 18 MOVIE & POPCORN, 1 P.M.

Lights, camera, action, popcorn! Who doesn't love a great flick and an eye-popping treat? Grab your seat at Live Oak Park Community Center. That's entertainment!



MAY 25 LUNCH & MORE, 11 A.M.

What better way to celebrate the conclusion of Older Americans' Month than with a culinary treat! Casual dress. Good appetite suggested.



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